2017 Sayaw Pinoy
The NCCA National Dance Competition

The National Commission for Culture and the Arts through the National Committee on Dance headed by Ms. Shirley Halili-Cruz has organized this year’s 2017 NCCA National Dance Competition as part of its objective to promote dance in its various forms. This year’s competition will be on Folk Dance, Contemporary, Ballroom, and Hip-Hop.

The program aims to stress the importance of the competition as it raises the artists’ consciousness on the value of artistic excellence. It provides opportunities for artists to exploit and maximize their true potential. It also hopes to develop emotional fitness through teamwork as the group experience will bring about dependability, responsibility, commitment, sportsmanship, discipline, creativity and awareness of the value of the art of dance, consequently, acquiring the value of working together as a team towards common goals which will extend to daily undertakings beyond the competition.

Venue : SM City Cebu North Wing, Cebu City

Date / Categories :
December 16, 2017: Folk Dance & Contemporary
December 17, 2017: Ballroom & Hip-Hop

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<th>TIME</th>
<th>ACTIVITIES</th>
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<tr>
<td>9:00am – 10:00am</td>
<td>Registration &amp; Drawing of Lots</td>
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<tr>
<td>10:00am – 3:00pm</td>
<td>Blocking &amp; Rehearsal</td>
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<td>3:30pm</td>
<td>Final Briefing</td>
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<td>4:00pm</td>
<td>COMPETITIONS</td>
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<td>8:00pm</td>
<td>Awarding Ceremonies</td>
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GENERAL GUIDELINES

1. The Competition is open to all Filipino citizens residing in the Philippines
2. Dance categories for the competition are the following: Folk Dance, Contemporary, Ballroom and Hip Hop
3. For Contemporary, Hip-Hop and Ballroom dance categories, all groups should focus on any of the following core values of the NCCA: Marangal, Mapagbago, Malikhain, at Pilipino
4. Official Entry Form only shall be submitted to the NCCA Arts Section, 5th Floor, NCCA Building, 633 Gen. Luna Street, Intramuros, Manila on or before the deadline.
5. Entries may also be emailed to, ncca.dancecommittee2017@gmail.com, or fax to 527-2198.
6. Deadline for the submission of entries is November 30, 2017
7. All participants must be at least **13 years old** as of December 15, 2017.
8. All participating group should secure their own waiver and permit to travel.
9. Each group shall be composed of a minimum of 6 dancers and a maximum of 20 dancers. Stage size is **24ft x 40ft** / height is **3ft**.
10. Dance groups and dancers directly associated with judges, National Dance Committee members and organizing committee will not be allowed to participate in the competition.
11. All expenses in joining the competition shall be shouldered by the participating groups.
12. No registration fees will be charged to participants in the competition.
13. No group/dancer may appear more than once in the same dance category. (A folk dance group or a folk dancer cannot appear twice in the folk dance category)
14. A group/dancer may participate in more than one dance category. (Example: a folk dance group or a folk dancer may have entries in the other dance categories: Contemporary or Hip hop)
15. A time limit of 5 minutes will be enforced and corresponding one point from each judge’s total score shall be deducted in the event the time limit is exceeded. The time of the performance starts with the first note of the music or the first movement, whichever comes first.
16. If more than 40 competing groups will join a category, there will be an elimination round which will require the group to perform 2min dance piece (this can be another piece depending on the discretion of the competing group).
17. In the event that competitors are less than 5, the organizers will only declare 1st, 2nd and 3rd placers.
18. The committee reserves the right to amend these guidelines and to refuse any entry on any grounds with proper advice to the parties concerned.
19. All music must be recorded on **HIGH-QUALITY CD ONLY** and must be properly labeled. There should be only one (1) music in one CD. Cassette tapes, flash drives, cell phones and live band/music are not allowed.
20. No lighting design/special lights will be allowed.
21. All competitors will be assigned numbers for the competition through drawing of lots.
22. Prompting of competitors from the backstage or from the audience is not allowed.
23. Personal photography and video-taping will be strictly prohibited during the competition proper. Official photographers and videographers will be provided by the organizers for documentation purposes.
24. The following are strictly not allowed in the performance:
   - Sets (e.g. Risers, backdrop, tables, etc.).
   - Performance of dangerous choreography/routine
   - Use of live animals
   - Use of real fighting armor (e.g. sword, knife, guns, arrow, spears, etc.)
   - Use of any form of liquid (e.g. blood, oil, water, etc.)
   - Use of fire, candles and any pyrotechnic materials.
   - Use of confetti either drop or bomb.
   - Breaking of glass, pots, etc.
   - Audio visual presentation or screen projection
   - Hand props may be used (e.g. stick, fan, ring, umbrella, etc.). Bamboo, wood, steel or plastic pole may be used but must not be more than 3 meters long.
• Failure to comply with any of the foregoing guidelines will result to disqualification.
• The judges’ decision is final and unappealable.

COMPETITION PRIZES (All prizes are subject to 13% withholding tax)

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<th>CONTEMPORARY</th>
<th>BALLROOM</th>
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<td>Second Prize</td>
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<td>Third Prize</td>
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<td>Fourth Prize</td>
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<td>Fifth Prize</td>
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SPECIFIC GUIDELINES FOR EACH CATEGORY

I. FOLK DANCE CATEGORY

1. The contest piece is on **RURAL DANCES with Percussive Hand Props**
2. The dance must be from any of the following published Philippine folk dance books:
   a. Philippine Folk Dances, Volumes 1-6 by Francisca Reyes Tolentino
   b. Philippine National Dances by Francisca Reyes Aquino
   c. Visayan Folk Dances, Volumes 1-3 by Libertad Fajardo
   d. Pangasinan Folk Dances by Jovita Sison Friese
   e. Samar Folk Dances by Juan C. Miel
   f. Handumanan by Jose Balcena
   g. Philippine Folk Dances and Songs by the Bureau of Public Schools 1965
   h. Sayaw: Dances of the Philippine Islands Volume 1-8 by the Philippine Folk Dance Society
   i. Classic Collection of Philippine Folk Dances by the Philippine Folk Dance Society volume 1-10
3. Medley (combination) of different dances is not allowed.
4. In dances where the literature does not specify or describe the entrance/exit, the trainer may arrange one, however, both must not exceed sixteen (16) measures.
5. Five photocopies of the literature of the dance shall be submitted to the Organizer together with the application form on the set deadline.
6. Criteria for Judging: **Performance** 30%, **Interpretation of Written Instruction** (20%), **Staging** (20%), **Appropriate Costume** (15%) and **Overall Impact** (15%)

II. CONTEMPORARY DANCE CATEGORY

1. The contest piece must be at least three (3) minutes but not more than five (5) minutes.
2. The dance piece should be an original choreography in contemporary form
3. Soft ballet shoes or pointe shoes may be worn (optional)
4. Costume must be appropriate to the concept of the dance. Nudity is strictly prohibited.
5. Obscene choreography, indecent movements and killing of animals are strictly prohibited.
6. **Criteria for judging:** Choreography/Composition (30%), Performance (30%), Technique (20%) and Overall Impact (20%)

### III. BALLROOM TEAM FORMATION

1. **Formation dancing shall be in Latin American.** Teams will base their routines on the International Style Cha Cha, Rumba, Jive, Samba and Paso Doble. Dances other than the ones listed are not allowed.

   The composition of dance routines shall conform to 70% syllabus technique and 30% highlight. Emphasis shall be given on over-all synchronization of the team. All the 5 dances should be present in the whole dance piece.

2. **Age groupings.** The Team Formation competition shall be open to 13 years old and above.

3. **Size of Formation Teams.** Teams of 3 couples to a maximum of 10 couples shall compose a competing team. A couple is a male and female pair.

4. No person may dance in more than one team in each style in any given dance competition.

5. **Time Restrictions**

   5.1 Formation teams shall dance for a minimum of **3 minutes**, but shall be limited to a maximum of **5 minutes** of music for their routine including entrance and exit.

   5.2 The timing of the formation team routine begins on the first movement of any of the dancers in the group and/or start of music. The timing ends in the last movement.

6. **Music.** Groups are permitted to mix and use music of the five Latin dances/Original Filipino/Local Music of their choice. All of the five dances should be present in the whole competition piece.

   Teams are allowed to use music for their entrance and exits if desired. When music is used for the entrance and/or exit, there must be a complete break in the music for a space of at least two seconds that separates the entrance/exit from the routine music proper. The formation team must remain motionless during this break both before and after the routine proper.

7. **Lifting and Properties**

   Lifting is not allowed.

   Props are not allowed at any time in any competitive category for formation teams. This includes the teams’ entrance and exit.
A prop is defined as any item that is not part of the regular costume worn by the dancers and is not attached to the dancer or their costume for the full duration of time that the dancers are on the floor.

A hat will be considered a prop if it is removed at any time from the dancer’s head, including entrance and exit.

8. **Dress Code**

8.1 The dresses and costumes shall follow the dress code prescribed in international competitions. Dresses/costumes have to create characteristic shape for the dance.

8.2 Dresses/costumes have to cover the intimate parts of the dancers’ bodies.

8.3 Dresses/costumes and make-up have to respect age and level of dancers.

8.4 No change of clothing/costume is permitted once the competition begins.

9. **Criteria for Judging**: Performance (30%), interpretation (30%), costume (20%), and over-all impact (20%).

IV. **HIP HOP PINOY CATEGORY (The Best Pinoy Dance Crew)**

1. The competition piece should depict the NCCA Core Values of Marangal, Malikhain, Mapagbago, Filipino.

2. The contest piece must be at least **three (3) minutes** but not more than **five (5) minutes**.

3. Groups are permitted to mix and use Original Filipino/Local Music of their choice.

4. The routine must be performed in its entirety to the music selected, prepared and submitted by the group.

5. Groups should include in their performance a broad selection of street dance styles such as locking, popping, hip-hop house, krump, new school, urban, vogueing, bboy-ing, without excessive use of the same move or pattern.

6. A varied range of styles should be shown in the choreography of arm, leg and body movement.

7. Appropriate attire should be observed in the competition. It may include accessories such as hats, caps, gloves, scarves, jewelries, etc.

8. Removing pieces of clothing during the performance is allowed provided it is not offensive or out of character.

9. Movements that are categorized under Break Dance are permitted, but should not control/ dominate the performance / no toss in stunts.

10. Any move where the competitors’ weight is solely on the neck/ head i.e. head spins, head stands, etc. **is not allowed**.

11. Routine must consist primarily of hip-hop technique. May include street dance, freestyle, funk, ‘pop-n-lock’, break dancing. **NO ACROBATIC TRICKS ALLOWED**.

12. **Criteria for Judging**: Choreography and Style (35%), Performance (35%), Costume (15%) and Overall Impact (15%).